



Windham Ridge P.S. Community Newsletter



Week ending: **September 15, 2023**

Two Weeks at a Glance

Monday, September 18 (Day 5)	Monday, September 25 (Day 4) Franco-Ontarian Day- wear green
Tuesday, September 19 (Day 1) Powley Day	Tuesday, September 26 (Day 5)
Wednesday, September 20 (Day 2)	Wednesday, September 27 (Day 1) Rowan's Law Day
Thursday, September 21 (Day 3) Terry Fox Event- wear red	Thursday, September 28 (Day 2) Back-to-School Community BBQ & Curriculum Night
Friday, September 22 P.A.Day- see attached letter in email	Friday, September 29 (Day 3) Orange Shirt Day- wear orange Start up Forms are due electronically

Coming Soon!

School Photo Day on Tuesday October 24th

Multifaith Observances for September



This is a painting of the Canadian prairies, a major food source: fundamental for our future.
Acrylic on canvas; 16" x 20"

For additional information, contact:
i.bering@shaw.ca

Best wishes to all families observing the dates below over the following two weeks.

17 Rosh Hashanah (New Years Day, 5784) Rosh Hashanah	18	19 Ganesh Chaturthi	20 Paryushana-parva ends Dashalakshani-parva begins Samvatsari Festival of Higan-e	21	22 Ehei Dogen Kigen Memorial	23 Shūbun-no-hi Mabon September Equinox
24 Eve of Yom Kippur	25 Yom Kippur Yom Kippur	26 Mawlid al-Nabiy (beginning at sunset to sunset of the next day)	27 Mashiyat	28 Anants-chaturdasi	29 Ksamavani Dashalakshani-parva ends Eve of Sukkot Full Moon (Supermoon)	30 Orange Shirt Day (Canada) National Day for Truth and Reconciliation (Canada) Pitru Paksha First Day of Sukkot

Terry Fox Run/Walk

September 21, 2023
@ WRPS

Wear Red!



<https://terryfox.org/>

We are excited to share that our school is once again participating in the Terry Fox Walk/Run. **On Thursday, September 21, 2023**, students will be

walking or running around the school to raise awareness about a Canadian hero and icon. Terry Fox made it his mission to run across Canada to raise money for cancer research. Canadians continue his legacy each year by raising money in hopes of finding a cure for cancer.

Windham Ridge is raising money for the Terry Fox Foundation this year. Click below to donate as part of the WRPS community:

<https://schools.terryfox.ca/41104>

Back to School BBQ & Curriculum Night

**Pre-order food online
by September 22nd!**

Click here to order:
[School Cash Online](#)

Thank you to the
WRPS School Council
for organizing this
event!

A colorful event poster for 'Back to School BBQ & Curriculum Night' at Windham Ridge. The poster features illustrations of a burger, a hot dog, an ice cream cone, and a cup of beer. The text reads: 'WINDHAM RIDGE COUNCIL INVITES YOU TO BACK TO SCHOOL BBQ & CURRICULUM NIGHT SEPTEMBER 28TH RAIN OR SHINE CURRICULUM NIGHT 5:30-6:30PM BBQ FOOD AVAILABLE 5:00- 7:30PM DJ FROM 6:00:8:00PM'. Below this, it lists 'BBQ • DJ • Photo Booth • Fall Beverages' and 'BEEF BURGERS, VEGGIE BURGERS, BEEF HOT DOGS (HALAL)'. At the bottom, there is an illustration of a food truck and a pumpkin graphic that says '\$8.50 INCLUDES FOOD, DRINK & A BAG OF CHIPS. PRE-ORDER ONLY ON SCHOOL CASH ONLINE BY SEPT 22'. A small sign on the truck says 'LIEF BEVERAGE TRUCK & ICE CREAM TRUCK ON SITE!'.

Curriculum
Night
sessions:
5:30pm -
6:30pm.

**Teachers
holding a
Curriculum
Night
presentation or
drop-in will
communicate
their schedules
with you.**

*Please ensure
that children
remain with
their families
during indoor
presentations
and during the
outdoor event.*

Rowan's Law Day Wednesday September 27, 2023



[Click here to learn more about Rowan Stringer's story](#)

On Wednesday, September 27th, 2023, staff and students of York Region District School Board (YRDSB) will recognize Rowan's Law Day and the serious effect concussions can have on student learning, achievement and well-being.

By increasing concussion awareness and knowledge, we can change Ontario's culture around sports, physical activity and injury. Concussions are not limited to people who play sports and are not just a bump to the head.

ROWAN'S LAW DAY
CONCUSSION SAFETY

**A BUMP TO THE HEAD OR BODY CAN HURT
– SO TELL AN ADULT RIGHT AWAY**

Did you bump your head or body? Do you have a friend who has? Sometimes a bump to the head can hurt your brain and needs special care and rest – this could be from playing sports, playing with friends, or even just rolling out of bed in the morning. When you hit your head or body, it's always a good idea to SPEAK UP and tell your parents/guardians, teacher, coach, or another adult you trust. They know just what to do to help you feel better. So, don't hide a bump to your head. SPEAK UP about it!

For more information on concussions including signs, symptoms and prevention, checkout:
Rowan's Law Day Toolkit for Schools | goba.net/rowans-law-day-toolkit-schools | [#RowansLawDay](https://twitter.com/RowansLawDay)

Franco Ontarian Day September 25, 2022



https://www.thestar.com/local/welland/news/2022/03/17/ontario-launches-2022-23-edition-of-the-francophone-communty-grants-program.html?utm_source=parody-api

The green and white flag – created by history professor Gaétan Gervais and first-year political science student Michel Dupuis, both from Laurentian University – was first raised on September 25, 1975.

The Province officially declared September 25 the annual date for Franco-Ontarian Day in 2010, the year that marked the 400th anniversary of Francophones in Ontario.

Your child will be involved in learning and activities leading up to September 25th when we will observe Franco-Ontarian Day. We invite students to wear the colours green and white. Join us in celebrating [La Francophonie!](#)

Tune in YRDSB

Indigenous Education: A Student's Perspective

Hear Indigenous student trustees share their experiences and perspectives on Indigenous education in York Region on the latest episode of Tune In YRDSB. Schools:

<https://podcasters.spotify.com/pod/show/yrdsb/episodes/Indigenous-Education-Students-Perspectives-e27n6lq>

National Day for Truth and Reconciliation



**Education is what got us
into this mess, and
education will get us out.**

~Hon. Murray Sinclair

Each year, September 30 marks the National Day for Truth and Reconciliation.

The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.



This federal statutory holiday was created through [legislative amendments](#) made by Parliament.

Wear orange

Both the National Day for Truth and Reconciliation and [Orange Shirt Day](#) take place on September 30. We will be observing this day on September 29, 2023.

Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of “Every Child Matters”. The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

<https://www.canada.ca/en/canadian-heritage/campaigns/national-day-truth-reconciliation.html>

In advance of this date, students will continue age-appropriate learning about Canadian Indigenous history and residential schools.

If you would like more information to share with your child about the National Day for Truth and Reconciliation or Orange Shirt Day, [CBC has published some resources for children and families to explore](#) together.

School Council Elections Committee

Members required



Preparing for Fall 2023 School Council Elections

Many School Councils establish in their election bylaws, an election committee that is responsible for ensuring that each constituent group (parents, teaching staff, non-teaching staff, students) holds its own election for representation on the school council.

An Election Committee is composed of individual council members who will not be standing for election the following year.

If you are interested in being a member of the School Council Election Committee, you are invited to contact vittoria.leone@yrdsb.ca by Friday, September 22, 2023.

As an elections committee member, you will be invited to meet with the admin team and discuss this process prior to the School Council Elections Meeting on October 11, 2023.

Hot Lunches
are available!

Click here to order:
[School Cash Online](#)

Thank you to WRPS
School Council for
arranging three hot
lunch options.

Please note that
profits from hot lunch
fundraisers are
directed back to
supporting Windham
Ridge PS.

School Council is happy to announce the following:

Hot Lunch Program: Astoria Greek Shish Kebob House -
Newmarket Location

Day of Week: Wednesdays

How Long: 12 weeks

Dates: October 4 - December 20, 2023

Last day to order: Wednesday September 27th

ASTORIA



shish kebob house

- The same meal selection will apply for all 12 weeks
- No substitutions allowed
- No refunds or changes will be accepted after this date
- If a student is absent, their meal will be in the office fridge until the end of the next day. Office staff will not re-heat food on day of pick up.
- All meals are \$7.50 x 12 weeks = \$90.00 total
- Astoria follows the YRDSB PPM150 guidelines for Nutritional Standards
- The chicken is Halal
- PLEASE NOTE ALL LUNCH ORDERS ARE CANCELLED ON INCLEMENT WEATHER DAYS AND RESCHEDULED
- **Orders are placed by logging into your child's School Cash Online Account**

Please choose from the following options:

Chicken Souvlaki w/Rice & Seasonal Veggies	
Chicken Souvlaki w/Greek Salad (dressing on the side)	
Chicken Souvlaki in a Whole Wheat Pita w/Hummus (on the side)	
Chicken Fingers w/Rice & Seasonal Veggies	
Spinach Pie w/Greek Salad (dressing on the side)	

ASTORIA Delivery dates:

Wednesday, October 4	Wednesday, November 1	Wednesday, December 6
Wednesday, October 11	Wednesday, November 8	Wednesday, December 13
Wednesday, October 18	Wednesday, November 15	Wednesday, December 20
Wednesday, October 25	Wednesday, November 22	
	Wednesday, November 29	

Swiss Chalet Lunches
are back!

[Click here to order:
School Cash Online](#)

School Council is happy to announce the following:

Hot Lunch Program: Swiss Chalet – Richmond Hill Location

Day of Week: Mondays

How Long: 11 weeks

Dates: October 2 - December 18, 2023

Last day to order: Wednesday September 27th



- The same meal selection will apply for all 11 weeks
- No substitutions allowed
- No refunds or changes will be accepted after this date
- If a student is absent, their meal will be in the office fridge until the end of the next day. Office staff will not re-heat food on day of pick up.
- All meals are \$7.50 x 11 weeks = \$82.50 total
- Swiss Chalet follows the YRDSB PPM150 guidelines for Nutritional Standards
- All meat is Halal
- PLEASE NOTE ALL LUNCH ORDERS ARE CANCELLED ON INCLEMENT WEATHER DAYS AND RESCHEDULED
- **Orders are placed by logging into your child's *School Cash Online* Account and choose from one of the following options:**

Quarter Chicken White Meat w/Garden Salad		
Quarter Chicken White Meat w/Fries		
Quarter Chicken Dark Meat w/Garden Salad		
Quarter Chicken Dark Meat w/Fries		
Chicken Quesadilla w/Garden Salad		
Chicken Quesadilla w/Fries		
Kids Beef Burger w/Seasonal Veggies		
Vegetable Stir Fry served over Rice (Sauteed peppers, broccoli, onions, carrots in a teriyaki sauce)		

Swiss Chalet Delivery dates:

Monday, October 2	Monday, November 6	Monday, December 4
Monday, October 16	Monday, November 13	Monday, December 11
Monday, October 23	Monday, November 20	Monday, December 18
Monday, October 30	Monday, November 27	



PIZZA LUNCH IS BACK!

Windham Ridge PS Council is happy to announce that we will continue to offer pizza lunch to our students for the remainder of the school year.

Hot Lunch Program: Pizza – Pizza House Oak Ridges Location

Day of Week: Tuesdays

How Long: 12 weeks

Dates: October 3 - December 19, 2023

Last day to order: Wednesday September 27th

Pizza Lunch

[Click here to order:
School Cash Online](#)

- The same pizza selection will apply for all 12 weeks.
- No refunds or changes will be accepted after September 27th
- If a student is absent, their pizza will be in the office refrigerator until the end of the **next day**. Office staff will not re-heat pizza on day of pick up.
- If your child is on a field trip, their pizza will be held in the office refrigerator until the end of the same day.
- The cost is per slice and depends on the selection chosen. Pizza House will be delivering extra large pizzas (18") which will be cut into 6 slices, making the slices **bigger** this year.
- Pizza House follows the YRDSB PPM150 guidelines for Nutritional Standards.
- Pizza lunch will be cancelled on Inclement Weather Days and rescheduled.

Orders are placed by logging into your child's *School Cash Online* Account and choose from one of the following options:

Type of Pizza	# of Tuesdays	Cost per Slice	Total Cost <small>Based on 1 slice per student</small>
Cheese ONLY	12	\$3.95	\$47.40
Pepperoni & Cheese	12	\$3.95	\$47.40
Hawaiian (Ham and pineapple)	12	\$4.45	\$53.40
Veggie (Green pepper, tomato, and mushroom)	12	\$4.45	\$53.40
Gluten Free (2 thin slices)	12	\$6.50	\$78.00
Dairy Free with pepperoni (8" individual pizza)	12	\$5.00	\$60.00

Calendar Pizza Days: (Tuesdays only)

October	3	10	17	24	31
November	7	14	21	28	
December	5	12	19		

YRDSB Student Mental Health & Addictions Newsletter

September 2023

[Newsletter includes:](#)

- Supportive Resources
- Free Community Events for Parents, Students, & Families
- Contact Information

